

## **Monthly Newsletter**

## START OF FALL 2024 SEASON!



Hello, Pride!
We are ramping up for our Fall
Season & cannot wait to see
where it takes us.

This year is also the celebration of Pride's 30th Anniversary - we want to thank all of you for your continued support of our mission here in Colorado Springs.

## In this newsletter you will find:

Upcoming programming, picture recaps from Pride of the Rockies & other events, sponsorships offers/updates, Children's Hospital of Colorado content, August Staff Highlight and updates, and Colorado Pride WPSL Summer 2024 Recap







## SCHEELS

**EMPLOYEE OWNED** 



## SCHEE

YOUR LOCAL ALL SPORTS RETAIL DESTINATION

**Pride Soccer** 

## SHOP ONLINE



## SCAN OR CODE TO SHOP THESE DEALS

OR GO TO SCHEELS.COM/TEAM-SOCCER

### **LOGIN INFO**

TEAM: Pride Soccer

CODE: 9CPHQZ3ENM

SCHEELS.com

## SHOP IN-STORE

## SCHEELS

**20% 0**1

SOCCER EQUIPMENT, SOCCER SHOES, SOCCER APPAREL, & SOCCER **ACCESSORIES** 

Discount applied helden tax charges. Cannot be combined with any other offer, team discount or used for gift cards. In stone exclusions: All finances, hunting, fishing and archery equipment. See store for exclusion details.



0003011110992

## **OFFERS VALID**

8/17/24 - 8/31/24

Colorado Springs SCHEELS 1226 Interquest Parkway Colorado Springs, CO 80921

## Upcoming Programing

## FALL CSA LEAGUES

All CSA Leagues and games start this weekend, Aug 24th







Click here to check schedules & standings

## FALL TOPSOCCER

Saturday, August 24th 1-2p

Saturday, August 31st 1-2p

Saturday, September 28th, 1-2p

Saturday, October 5th, 1-2p

Saturday, October 19th, 1-2p

Saturday, November 2nd, 3:30-4:30pm

Register Now



## FALL RECREATIONAL

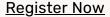
Fall Season -

September 7 - October 26

## Veteran's Cup -

November 2-3, 2024

The Veteran's Cup soccer tournament provides a fun end of the season for teams and a great way to honor our Veterans. For U6-U15 recreational teams and U9-10 Academy teams Registration Deadline: October 18 or until full



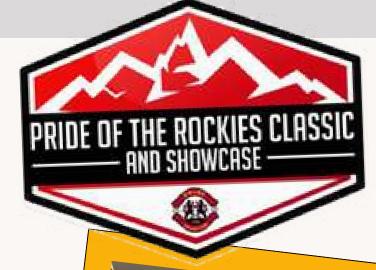


























## AUGUST STAFF MACKENZIE



## MEET MACKENZIE RAUENZAHN, OUR **RECREATIONAL DIRECTOR U4-U8!**

#### O: WHY DO YOU DO WHAT YOU DO?

A: I WANT TO BE A LEADER, ROLE MODEL, AND MENTOR FOR YOUNG ATHLETES AND HELP THEM BELIEVE IN THEMSELVES AND ENJOY THE GAME AS MUCH AS I DID GROWING UP.

### Q: WHAT IS YOUR FAVORITE SOCCER MEMORY?

A: I THINK AS MY DAUGHTER GROWS IN THE SPORT, I'M LIVING MY FAVORITE SOCCER MEMORIES RIGHT NOW. SHE LOVES THE GAME AND I LOVE WATCHING HER LOVE THE SPORT LIKE I DID! IT'S BEEN REALLY SPECIAL TO RAISE HER ON THESE FIELDS.

## Q: IF YOU COULD SPEND A DAY WITH ONE FAMOUS PERSON WHO WOULD IT BE?

A: I WAS LUCKY TO GET TO COACH WITH BRANDI CHASTAIN AND SHE'S BEEN A HERO OF MINE ON AND OFF THE FIELD MY WHOLE LIFE, SO I'D SAY BRANDI CHASTAIN OR ANYONE FROM THE 1999 USWNT. THEY WERE MY INSPIRATION AS A LITTLE GIRL!



#### **FAV VACATION** SPOT:

COZY B&B IN THE MOUNTAINS!



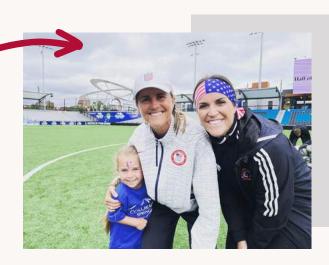


#### **FACTS ABOU** KENZIE:

**BORN IN** COLORADO SPRINGS, **SPEAKS ENGLISH &** SPANISH & PLAYED SOCCER & RAN TRACK AS A KID

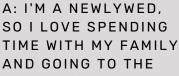






**SPORTS TEAMS** KENZIE FOLLOWS





Q: WHAT DO YOU LIKE TO DO WHEN YOU ARE OFF THE FIELD?

GYM.





## **NEW STAFF UPDATES!**



Tarah Patterson

TPATTERSON@PRIDESOCCER.COM



## Tarah Patterson Recreational Director U9-U16

PRIDE SOCCER CLUB IS DELIGHTED TO ANNOUNCE THE HIRING OF TARAH PATTERSON, A HOME GROWN PRIDE SOCCER PLAYER, WHO WILL TAKE OVER THE ROLE OF RECREATIONAL DIRECTOR FOR THE U9-U16 AGE GROUPS.

TARAH COACHES AT PRIDE AND IS ONE OF THE MOST DECORATED PLAYERS TO COME OUT OF PRIDE SOCCER AS A YOUTH PLAYER.



Matt Saul

MSAUL@PRIDESOCCER.COM

## Matt Saul Director of Club Development

PRIDE SOCCER CLUB IS DELIGHTED TO ANNOUNCE THE HIRING OF MATT SAUL, WHO WILL TAKE OVER THE ROLE OF DIRECTOR OF CLUB DEVELOPMENT

MATT'S PRIMARY RESPONSIBILITIES
WILL BE TO DEVELOP AND EXECUTE
EDUCATIONAL PROGRAMS FOR
PLAYERS, PARENTS AND COACHES. HE
WILL ALSO ASSIST THE TECHNICAL
DIRECTOR AND SOCCER DIRECTORS IN
FURTHER DEVELOPING OUR TEACHING
AND METHODOLOGY.



# Back-to-school Sports WHAT TO EXPECT AND HOW TO PREPARE

Back-to-school physicals are important for making sure kids are healthy and ready for the upcoming sports season. But how do you know what to expect from these checks? What does it entail — and what should you bring? Get the answers to all these questions and more from the experts at the Sports Medicine Center at Children's Hospital Colorado, who share important information on preparing for your child's back-to-school sports physical. Click HERE for more info!





## SPORTS MEDICINE CENTER Children's Hospital Colorado



## Meet the Team

## SPORTS MEDICINE



Shane Noffsinger, PT, DPT, OCS, CSCS

Physical Therapist

#### What made you want to be a PT?

I had a knee injury in high school and did not do enough physical therapy! As I gained more knowledge about the human body, I realized there was a lot that I could have done differently to make a big difference with my own body. Physical therapy has been a great way to combine my passions for strength and conditioning and injury rehabilitation.

#### What's your favorite part of your role as a PT?

Helping kids get back to doing what they love. Because injuries often lead to a decrease in performance and increased risk for future injury, we get to help them improve their performance and reduce the risk of injury. Getting to treat kids often gives us the opportunity to teach them how to train and recover so they can have long athletic careers and stay out of our clinics.

#### Did you play sports growing up?

Growing up I played most all sports. In high school I played football and lacrosse and wrestled. This is when I developed my passion for lifting weights and strength and conditioning. In college I was a student athletic trainer with the football and women's soccer teams. I also worked with the cheer team and learned to stunt and tumble while I worked with the team's injuries.

#### What is a fun fact about you?

I have climbed all the 14ers in Colorado!

### What do you like to do when you are off the field?

My main hobbies are lifting weights and hiking. I love to spend time with my wife and 2 kids, Barrett and Jade.

#### What is the biggest piece of advice you would give a young athlete

The biggest piece of advice I would give young athletes is to play as many sports as possible. Additionally, learn to lift weights and do as much training in the weightroom as possible. I think this is one of the best ways to add variety to your training, improve your performance and reduce the risk of injury.











## COLORADO PRIDE - WPSL

## THANK YOU PRIDE COMMUNITY & SPONSORS!

Our Mountain conference champions, the Colorado Pride, ended a historic year ranked #7 nationally! We had 4 players make the Mountain Conference Best 11, two players make the All-Region Team and Amina Bello earned Mountain Conference Offensive Player of The Year Award. We ended the season with 40 goals scored and only 6 goals conceded. We are so excited to come back out next year and build on our success!









## **Amina Bello**

MOUNTAIN
CONFERENCE
BEST 11 &
OFFENSIVE
PLAYER OF THE
YEAR



MOUNTAIN CONFERENCE
BEST 11 & ALL
CENTRAL
REGION TEAM



## **Abby Stassi**

MOUNTAIN
CONFERENCE
BEST 11 & ALL
CENTRAL
REGION TEAM



MOUNTAIN CONFERENCE BEST 11



## Rapids Classic!

CONGRATS TO ALL OUR TEAM'S SUCCESS - HERE ARE JUST A FEW MEMORIES FORM THE WEEKEND!!















CHECK OUT OUR SOCIAL MEDIA FOR MORE PICTURES & TEAM SUCCESSES!



@pridesoccerclub



@pridesoccerclub

## **SWITCHBACKS!!!!**

COME REP PRIDE THIS YEAR AT WEIDNER FIELD

Use Pride's exclusive code PRIDE24 to get discounted individual & team packages for games this year. Scan the QR code to get started!!















Cuts by **Carlos Hernandez**-A Proud Pride Parent



3275 E Platte Ave f, Colorado Springs, CO 80909



Pride Soccer Player & Family Discounts -Scan the QR code below for more details!

