



WELCOME TO OUR

Monthly Newsletter

TRYOUT SEASON IS HERE!



Hello, Pride!

We are ready to close out our Spring 2024 season & jump into tryout season. Keep reading to get all the details for tryouts!

Also don't miss out on all the awesome happenings this Summer!

In this newsletter you will find:



2024-25 Coaching lineups, tryout schedules, Summer camp dates/offerings, sponsorship updates, WPSL, Spring successes and program highlights, monthly DOC feature, volunteer opportunities and Switchbacks schedule.



COACHING LINE UPS

Girls & Boys Competitive & ECNL/RL

2024-2025

GIRLS COMPETITIVE COACHING LINEUP

2014s
U11

Preds Hannah Levett
Copa Harry Forehand
United Earl Ullom
Red Jaime Hernandez
White Alvaro Bento

2013s
U12

Preds Luke Vercellone
Copa Rob Lashlee
United Steve Martin
Red Lexi McClung
White Jailene Cartagena

2012s
U13

Preds AJ Adcock
Copa Frankie LaManna
United John Clark
Red Carlos Newton
White TBD

2011s
U14

Preds AJ Adcock
Copa Tarah Patterson
United Dave Vasquez
Red Aaron Murdoch

2010s
U15

Preds Lizzie Hornack
Copa Matt Saul
United Chris Campbell
Red Jason Bandel

2009s
U16

Preds Matt Saul
Copa Craig Decker
United Israel Guerrero
Red Jason Cumbly

2008s
U17

Preds Jay Rayner
Copa Frankie LaManna
United Chris Campbell
Red Caleb Kramer

2007/2006s
U18/19

Preds Lizzie Hornack
Copa Carisa Whitson
United Craig Decker
Red TBD

2010s Supplemental

Samba Lizzie Hornack



2024-2025

BOYS COMPETITIVE COACHING LINEUP

2014s
U11

Preds Marcus Jordan
Copa Nate Orta
United Brian Contreras
Red Matt Niznik
White Gino Gard
Black Alvin Byers

2013s
U12

Preds Keelan Power
Copa Brian Contreras
United Stuart Morrison
Red James Zellner
White Rawb Marshall
Black Cody Anderson

2012s
U13

Preds Paul Davison
Copa Keron Singh
United Keron Singh
Red Kento Rose
White Alan Carrasco
Black Caleb Kramer

2011s
U14

Preds Paul Davison
Copa Tony Jenkins
United Jim Oaks
Red Eric Oaks
White Titus Grant

2010s
U15

Preds Jose Narvaez
Copa Ben Ady
United Jim Oaks
Red Tyler Keidel
White Tyler Valk

2009s
U16

Preds Jose Narvaez
Copa David Blutrich
United Brian McKnight
Red Eli Stauffer
White Ethan Ward

2008s
U17

Preds Chris Alex
Copa David Blutrich
United Dillon O'Neal
Red Alex Dowdy
White Caleb Kramer

07/06s
U18/U19

Preds TBD
Copa Dillon O'Neal
United Mick Emmerson
Red Eli Stauffer

2010s Supplemental

Samba Jose Narvaez
Mundial TDB

06/07s
U19

Copa Alan Hahn



TRYOUTS

Competitive & ECNL/RL

REGISTER HERE



2024-2025 Competitive, ECNL & ECNL-RL Tryout Schedule

<u>Competitive Girls</u>	<u>Location</u>	<u>Tues, May 28</u>	<u>Wed, May 29</u>	<u>Thurs, May 30</u>
U11 Girls (2014)	El Pomar Olin, C	5:00-6:30pm	5:00-6:30pm	5:00-6:30pm
U12 Girls (2013)	El Pomar Olin, C	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm
U13 Girls (2012)	El Pomar B, D	5:00-6:30pm	5:00-6:30pm	5:00-6:30pm
U14 Girls (2011)	El Pomar E, F	5:00-6:30pm	5:00-6:30pm	5:00-6:30pm
U15 Girls (2010)	El Pomar B, D	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm
U16 Girls (2009)	El Pomar E, F	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm
U17 Girls (2008)	El Pomar B, D	3:30-5:00pm	3:30-5:00pm	3:30-5:00pm
U18 Girls (2007)	El Pomar Olin, C	3:30-5:00pm	3:30-5:00pm	3:30-5:00pm
U19 Girls (2006)	El Pomar Olin, C	3:30-5:00pm	3:30-5:00pm	3:30-5:00pm
<u>Comp/ECNL/ECNL-RL Boys</u>	<u>Location</u>	<u>Tues, May 28</u>	<u>Wed, May 29</u>	<u>Thurs, May 30</u>
U11 Boys (2014)	Pride Complex 3, 4	4:30-6:00pm	4:30-6:00pm	4:30-6:00pm
U12 Boys (2013)	Pride Complex 3, 4	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm
U13 Boys (2012)	Pride Complex 1, 2	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm
U14 Boys (2011)	Pride Complex 1, 2	4:30-6:00pm	4:30-6:00pm	4:30-6:00pm
<u>Comp/ECNL/ECNL-RL Boys</u>	<u>Location</u>	<u>Sat, June 1</u>	<u>Sun, June 2</u>	
U15 Boys (2010)	Pride Complex 1, 2	8:00-9:30am	8:00-9:30am	
U16 Boys (2009)	Pride Complex 1, 2	10:00-11:30am	10:00-11:30am	
U17 Boys (2008)	Pride Complex 1, 2	12:00-1:30pm	12:00-1:30pm	
U18 Boys (2007)	Pride Complex 1, 2	2:00-3:30pm	2:00-3:30pm	
U19 Boys (2006)	Pride Complex 1, 2	2:00-3:30pm	2:00-3:30pm	

Pride Complex: 8700 East Woodmen, Colorado Springs
El Pomar: 2212 Executive Circle, Colorado Springs

(719) 597-6700 | pridesoccer.com

COACHING LINE UPS

Girls & Boys - U11 & Junior Academy

U11

2014

Girls U11

Predators	Hannah Levett
COPA	Harry Forehand
United	Earl Ullom
Red	Jaime Hernandez
White	Alvaro Bento

2014

Boys U11

Predators	Marcus Jordan
COPA	Nate Orta
United	Brian Contreras
Red	Matt Niznik
White	Gino Gard
Black	Alvin Byers

U10

2015

Girls U10 Junior Academy

Elite 15	MacKenzie Morris
Select 15	Adin Umana
Legends 15	Tony Harding
Alliance 15	Tony Harding
Extreme 15	Moises Ramirez
Classic 15	TBD

2015

Boys U10 Junior Academy

Elite 15	Marcus Jordan
Select 15	Glen Seifert
Legends 15	Brian Contreras
Alliance 15	Marc Gahagan
Extreme 15	Antonio Duran
Classic 15	Dan Braitman

U9

2016/2017

Girls U9 Junior Academy

Elite 17	Hannah Levett
Elite 16	Hannah Levett
Select 16	Yulie Spade
Legends 16	Lexi McClung
Alliance 16	Cindy Rich
Extreme 16	TBD



2016/2017

Boys U9 Junior Academy

Elite 17	Glen Seifert
Select 17	Justin Jenkins
Elite 16	Erwin Dick
Select 16	Mario Ruiz
Legends 16	Ian McClung
Alliance 16	Scot Hume
Extreme 16	Matt May
Classic 16	Gino Gard



PLAYER PLACEMENT

Junior Academy & Staff Info

REGISTER HERE



JUNIOR ACADEMY

Girls

Boys

May 20th & 22nd

May 21st & 23rd

Where: Pride Complex, Field 4

Where: Pride Complex, Field 4

2016/17s - 5-6:15 PM

2016/17s - 5-6:15 PM

2015s - 6:30-7:45 PM

2015s - 6:30-7:45 PM



**TRYOUT
QUESTIONS**

ASK OUR
DIRECTORS!

[CLICK HERE FOR MORE
INFO & CONTACT INFO](#)



Brian Contreras

SENIOR BOYS & U11-14
DIRECTOR OF COACHING



Paul Davison

U15-14 BOYS DIRECTOR
OF COACHING



AJ Adcock

SENIOR GIRLS & U11-14
DIRECTOR OF COACHING



Lizzie Hornack

U15-19 GIRLS DIRECTOR
OF COACHING



Hannah Levett

GIRLS U8-U10 JUNIOR
ACADEMY DIRECTOR

NEW STAFF UPDATE!

Welcome

Boys Junior Academy Director
U8-U10 - Marcus Jordan



Marcus Jordan

MJORDAN@PRIDESOCCER.COM

PRIDE SOCCER CLUB IS DELIGHTED TO ANNOUNCE THE HIRING OF MARCUS JORDAN AS OUR NEW BOYS JUNIOR ACADEMY DIRECTOR OF COACHING. MARCUS HAS BEEN A KEY MEMBER OF THE COACHING STAFF IN THE JUNIOR ACADEMY IN RECENT YEARS. THE JUNIOR ACADEMY ENCOMPASSES AGES U8-U10.

MARCUS HAS AN EXTENSIVE PLAYING AND COACHING BACKGROUND, FOCUSING PRIMARILY ON THE TECHNICAL DEVELOPMENT OF YOUNGER AGE GROUPS. MARCUS CURRENTLY COACHES OUR 2014 AND 2015 ELITE JUNIOR ACADEMY BOYS TEAMS AND HAS SERVED IN THE ACADEMY FOR THE LAST FOUR YEARS. PRIOR TO THAT, MARCUS COACHED JUNIOR BOYS TEAMS IN SOUTHERN CALIFORNIA WITH FC GOLDEN STATE. MARCUS IS COMMITTED TO TEACHING THE BOYS THE CORE TECHNICAL AND TACTICAL COMPONENTS OF THE GAME TO GIVE THEM THE FOUNDATION THAT THEY NEED TO HAVE SUCCESS IN THE COMPETITIVE PROGRAM.



Quick Video Interview

Breakaway

Stu Singer

Managing Tryout Stress for Parents and Players with Stu Singer



WATCH
THE
VIDEO
HERE!

MENTAL HEALTH & WELLNESS RESOURCES

May is Mental Health Awareness Month - and how fitting for tryout season!!

May is **Mental Health Awareness** Month - Let's help end the Stigma!



TIPS

Some helpful advice to players during tryouts-

- 1) Come in prepared mentally & physically!
- 2) Make a friend when you get there.
- 3) Don't try to do too much, just be yourself!
- 4) Focus on a positive attitude no matter what happens!
- 5) Give everything you have!

LOOKING FOR THERAPY FOR YOUR CHILD? DON'T KNOW WHERE TO START? DON'T THINK YOU CAN AFFORD IT?

I MATTER CAN HELP

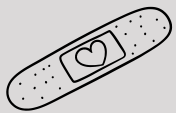


6 free sessions / child



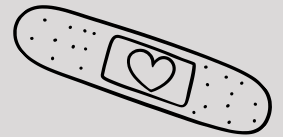
**SPORTS MEDICINE
CENTER**

 Children's Hospital Colorado



FIRST AID TIPS FOR YOUNG ATHLETES

First aid 101



Whether you're a coach, parent or athlete, getting familiar with all the essential items in a first-aid kit can come in handy when a scrape, fall or emergency happens. Children's Hospital Colorado experts share the most important things to have in your kit, plus how to get started with assembling it, so young athletes are never caught unprepared.

[How to assemble
your first aid kit](#)



[Other Sport Safety
need-to-knows](#)



[Other resources on
sports nutrition](#)



YEAR 3



MONICA YODER
SOPHOMORE, METRO STATE
PRIDE PREDATORS 05G

YEAR 2



MACY SMITH
JUNIOR, UNI. OF NORTHERN
IOWA

COLORADO PRIDE - WPSL

HOME GAMES:

MAY 25TH @ 6PM
JUNE 2ND @ 6PM
JUNE 5TH @ 7PM
JUNE 13TH @ 7PM
VENUE - UCCS STADIUM



Single Match

Adult \$5
Child \$3

Packages (all games)

Family pack \$35
Single pack \$15



Colorado Springs
Orthopaedic Group



PIONEER HORIZONS
FINANCIAL, LLC

@PRIDETOPRO



@PRIDETOPRO



@PRIDETOPRO

MAKING MEMORIES!!

SPRING HIGHLIGHTS FOR
RECREATIONAL, JA &
COMPETITIVE SOCCER



STARS IN THE
MAKING!



HAPPY MOTHER'S DAY!
WHITE 12B GIVE FLOWERS TO THEIR
MOM'S AT THE DURANGO SHOOTOUT!



ELITE 14G - WINNERS OF CSA
U11 ELITE DIVISION





SPRING SCHOOL OF EXCELLENCE (SOE)!

WHERE SKILLS ARE
LEARNED & FUN IS HAD!





PRIDE Summer Camp Lineup

COMPETITIVE GIRLS & BOYS CAMPS

Girls Summer College ID Camp
June 7th [Full coaches list & to register](#)

Girls Competitive Camps
June 10-14th & July 8-12th
[Full details & to register](#)

Striker/Keeper Camp - July 15-18th
[Full details & to register](#)

Goalkeeper Camps
June 4-7th & June 17-20th
[Full details & to register](#)

JUNIOR ACADEMY & RECREATIONAL CAMPS

June Rec. Skills Camp
June 10-14th
[Full details & to register](#)

U8-U10 Preseason Skills Camp
July 8-12th
[Full details & to register](#)

July Rec. Skills Camp
July 15-19th
[Full details & to register](#)

July Rec. Skills Camp South
July 22-25th
[Full details & to register](#)

Goalkeeper Camps
June 4-7th & June 17-20th
[Full details & to register](#)



CONTINUE TO CHECK OUR [WEBSITE](#) FOR UPDATED CAMP INFO!!



COERVER COLORADO

PRIDE PLAYERS -
10% OFF SUMMER CAMPS
CODE: PSC24

DETAILS

Colorado Springs 1
Cottonwood Creek
June 17-21

Colorado Springs 2
Cossage Park
July 15-19

ACTIVITIES

- Ball Mastery and Moves
- Enhance 1v1 Creativity
- Improve Passing Precision -
- Weak Foot Focus
- Boost 2v2/3v3 Decision Making
- Strengthen Shot Technique
- ...AND MUCH MORE!

**Register Now -
10% Coupon
Expires May 15th**

VISIT THE WEBSITE FOR MORE DETAILS & TO REGISTER

MAY STAFF HIGHLIGHT



BRIAN CONTRERAS

MEET BRIAN "BC" CONTRERAS, OUR SENIOR BOYS DIRECTOR

Q: WHY DO YOU DO WHAT YOU DO?

A: I LOVE SOCCER AND TEACHING YOUNG PLAYERS HOW TO PLAY THE BEAUTIFUL GAME. YOU CAN HAVE A HUGE IMPACT IN A YOUNG PERSON'S LIFE AS A COACH AND I TRULY APPRECIATE THAT OPPORTUNITY!.

Q: WHAT IS YOUR FAVORITE SOCCER MEMORY?

A: GOING TO BARCELONA WITH MY WIFE MAEGAN GETTING TO SEE MESSI, INIESTA, AND BARCELONA PLAY A LEAGUE GAME AND CHAMPIONS LEAGUE GAME IN THE CAMP NOU IN 2017

Q: IF YOU COULD SPEND A DAY WITH ONE FAMOUS PERSON WHO WOULD IT BE?

A: WITH JESUS, FOR SURE!

Favorite vacay spot



ORANGE BEACH, ALABAMA



FACTS ABOUT BC :
GREW UP RIGHT HERE IN C. SPRINGSS AND PLAYED SOCCER & BASKETBALL GROWING UP!

BC'S BOYS - BRAEDEN & CORBAN
BC'S WIFE - MAEGAN

fAMILY



THINGS BC LIKES TO DO OFF THE FIELD

- HANG OUT WITH HIS FAMILY
- GO ON HIKES & BIKE RIDES
- WATCH MOVIES!!



SPORTS TEAMS/PLAYERS BC SUPPORTS

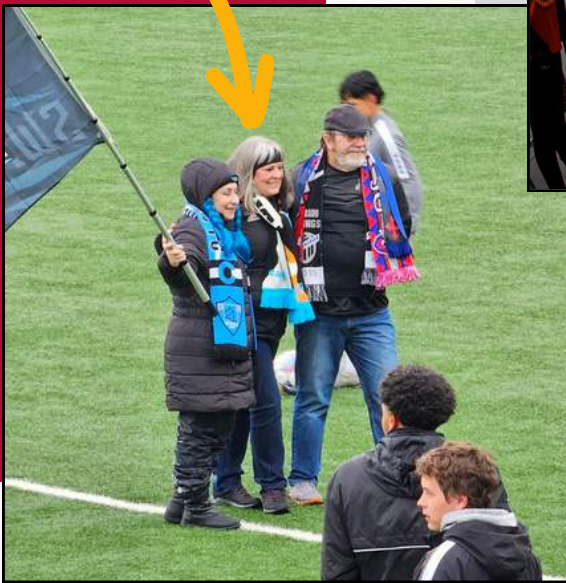


**SPECIAL
DISCOUNT**



**Pride's exclusive code:
PRIDE24**

Executive Director,
Candy Brooks, honored
as a 10 year season
ticket holder



**10 YEARS OF
SWITCHBACKS!**

Austin Dewing, '97 Pride &
former SB player

Former Switchbacks
Captain & Pride Soccer
Coach, Luke Vercollone





Volunteer opportunities

WORK THESE EVENTS TO HELP
PAY PRIDE FEES

UPCOMING EVENTS:

JUNE 8 PENROSE - MONSTER TRUCKS

JUNE 9 WORLD ARENA - CODY JINKS 4PM

JULY 4 WEIDNER - SWITCHBACKS 3PM

AUGUST 3 PENROSE - RODEO (PLEASE KEEP IN
MIND THIS IS POTR WEEKEND)

AUGUST 28 WEIDNER - SWITCHBACKS 4PM

EMAIL KRISTIN MEZEY IF INTERESTED
volunteer@pridesoccer.com

