



PRIDE SOCCER CLUB

OCTOBER 2024



WELCOME TO OUR

Monthly Newsletter

Gearing up for the end of the season!



Hello, Pride!

This month gives us a chance slow down after the summer and start of school and celebrate some of the awesome accomplishments of our teams, players and referees here at Pride! Keep reading & Enjoy!

In this newsletter you will find:

Team Tournament Highlights, Veteran's Cup, Sponsorship Materials, October Staff Highlight, Referee Highlight & info (Bruno Family), City for Champions Game, Switchbacks' final games & special offers.



VETERAN'S CUP!!

November 2-3, 2024

The Veteran's Cup soccer tournament provides a fun end of the season for teams and a great way to honor our Veterans. For **U6-U15 recreational teams** and **U9-10 Academy teams** Registration Deadline: October 18 or until full

[Register Now](#)



Congrats



UNITED 14G

CENTENNIAL CUP



COPA 07G

PRESIDENT'S CUP



PRED 14G

Congrats



BLACK 13G

PIONEERS CUP

Congrats



WHITE 13G



RED 14G



KING SOOPERS COMMUNITY REWARDS

EVERYONE NEEDS GROCERIES

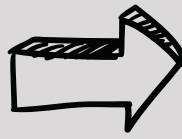


WHY NOT LET A PERCENTAGE OF THE MONEY YOU ARE ALREADY SPENDING ON GROCERIES GO TOWARDS SUPPORTING PRIDE SOCCER'S PROGRAMS AND HELPING OFFSET YOUR FEES?

KING SOOPERS HAS UPDATED THEIR COMMUNITY REWARDS PROGRAM TO MAKE IT EVEN EASIER FOR YOU TO SUPPORT YOUR CLUB AND **EARN MONEY TOWARDS REGISTRATION AND TEAM FEES**. ALL YOU NEED TO DO IS REGISTER YOUR KING SOOPERS LOYALTY CARD USING THE INSTRUCTIONS ON OUR WEBSITE, AND EVERY TIME YOU SWIPE YOUR KING SOOPERS LOYALTY CARD OR PUT IN YOUR ALTERNATE ID (PHONE NUMBER) WHEN YOU CHECK OUT, **YOU WILL RAISE MONEY TOWARDS YOUR PLAYER'S FEES AND PRIDE'S SCHOLARSHIP FUND**.

CLICK ABOVE TO GET STARTED!

OCTOBER STAFF HIGHLIGHT



PAUL DAVISON

MEET PAUL DAVISON OUR U11-14 BOYS
& ECNL DIRECTOR OF COACHING

Q: WHY DO YOU DO WHAT YOU DO?

A: MY "WHY" IS TO GIVE BACK TO THE GAME THAT HELPED SHAPED WHO I AM TODAY.

Q: WHAT IS YOUR FAVORITE SOCCER MEMORY?

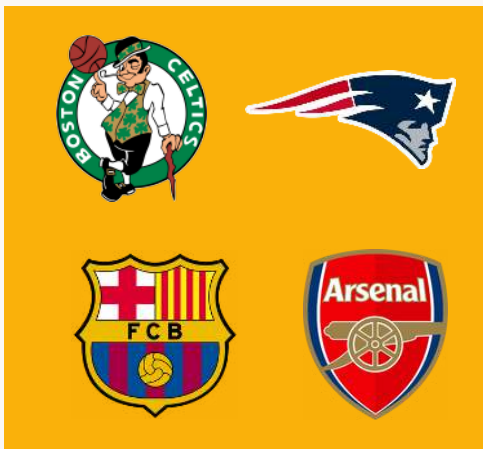
A: FAVORITE SOCCER MEMORY WOULD BE SCORING THE WINNING GOAL IN DOUBLE OVERTIME FOR MY HS STATE CHAMPIONSHIP AS A SENIOR.

Q: IF YOU COULD SPEND A DAY WITH ONE FAMOUS PERSON WHO WOULD IT BE?

A: LEO MESSI. IT'S KINDA OBVIOUS WHY.



**SPORTS TEAMS PAUL
FOLLOWS**



Q: WHAT DO YOU LIKE TO DO WHEN YOU ARE OFF THE FIELD/OUT OF OFFICE?

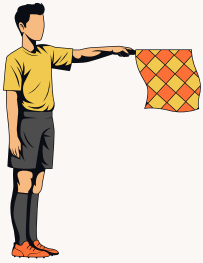


FROM: WESTFORD, MA
PLAYED: SOCCER & BASKETBALL GROWING UP

FAV VACATION SPOT:
HAWAII



REFEREE APPRECIATION POST



A FAMILY OF REFEREES... (& Pride soccer players)

MEET THE BRUNO BOYS



07B COPA

08B COPA

Q: Does being a referee help you as a soccer player?

A (all 3 boys): Watching other teams play helps **your soccer IQ** and the laws of the game. Also, it helps you **understand the game, coaches, and spectators from different perspectives.**

Q: Why did you decide to become a referee?

Mark- because **I love soccer** & for a part-time job.

Luke- wanted to do a job that is outdoors, active and something that I can get **leadership experience.**

Sean- to earn money for upcoming educational experiences and a **job I can do with my brothers.**

Matt -at first it was to **address a referee shortage** & support our club. I then realized I also get to **spend time with my sons** while being active and making friends with fellow referees. Now, I love the challenge and accept as many matches as our family schedule allows.

Q: What skills have you learned being a referee?

Mark- **Game management** & how to work with your crew. Also, how to **communicate with adults in a work environment.**

Sean- being able to manage with a **variety of people** (coaches, players & sometimes fans)

Luke- learned to be **more confident & be prepared**

Q: What would you say to other young referees who are just starting out?

Matt- be **devoted to learning** & be able to **accept feedback**, especially from referee mentors.



THANK YOU BRUNO FAMILY



THE PRIDE SOCCER REFEREE PATHWAY

JOIN THE HUNDREDS OF PRIDE PLAYERS & FAMILY MEMBERS

5 Reasons To Become A Referee (especially as a youth player)

1

Greater understanding of the game- learn more about the laws of the game & what referees are looking for while the game is going on

2

Develop leadership & communication skills - especially for young athletes, becoming a referee puts you in situations that are difficult. These are great opportunities to learn and grow as a person and a leader.

3

Get paid to exercise (and be around the game you love) - a great way to get steps on the weekends & get paid some money to do it

4

The referee pathway offers a real career - if you enjoy refereeing, you can learn and climb through the ranks to work with higher levels teams, even getting to the professional & international levels.

5

Give back to the game - whether you are currently playing or just love the game, being a referee is another great way to get involved and make a difference for the soccer community



[INTERESTED?? CLICK HERE FOR MORE INFO](#)

CITY FOR CHAMPIONS CUP!



WOMEN'S SOCCER
WED. OCT. 30
6:00PM
WEIDNER FIELD



JOIN PRIDE AS WE SUPPORT OUR TWO LOCAL **NCAA D1 WOMEN'S SOCCER** PROGRAMS

Scan the QR code below or click [here](#) to get 2-for-1 ticket deal!!



COLORADO COLLEGE



AIR FORCE VS COLORADO COLLEGE



2-FOR-1



PRIDE PROMO CODE:
2F1AFAC4C



Pride Soccer in the NCAA

Ranked #1 Nationally



Colorado School of Mines
NCAA Division II



Callie Fuhr
Predator 04G ECNL

Ranked #4 Nationally



UCCS
NCAA Division II



Miles Seminario
Predator 05B ECNL



Dillon Clarke
Predator 06B ECNL



Oliver Penn
Predator 06B ECNL



Ranked #7 Nationally



Ty Kinder
Predator 05B ECNL



Logan Singh
Predator 04B ECNL



Tanner Widic
Predator 06B ECNL

Ranked #10 Nationally



Dallas Baptist
NCAA Division II



Annie Louthan
Predator 03G ECNL

Ranked #14 Nationally



University of Iowa
NCAA Division I



Sophie Kincaid
Predator 05G ECNL



SPORTS MEDICINE
CENTER
 Children's Hospital Colorado

The best post-game drink for young athletes

10 BENEFITS OF CHOCOLATE MILK FOR NUTRITION RECOVERY

The 24 hours after a hard workout or sporting event is critical for recovery. But what should your young athlete be eating and drinking during that time to maximize their muscle repair? Our partners at the Sports Medicine Center at Children's Hospital Colorado explain that chocolate milk has many benefits for recovery, including electrolytes and necessary vitamins. Learn about the benefits of chocolate milk in [this article](#).



CHILDREN'S HOSPITAL OF COLORADO
IN THE NEWS





Meet the Team

Hannah Osowski-Allgood, PT, DPT, OCS

Sports Medicine Physical Therapist

**SPORTS MEDICINE
CENTER**

 Children's Hospital Colorado

What is your favorite part of being an AT for Pride Soccer? OR what's your favorite part of your role as a PT?

My favorite part of being a PT is seeing my patients achieve their goals and getting back to their sport. Building a relationship with my patients over weeks to months of rehabilitation continues to drive me to do my best and provide the best care possible.

Did you play sports growing up?

Growing up I played basketball, soccer and ballet. Basketball was definitely the sport that I loved the most, but was most competitive in soccer.

What is a fun fact about you?

I also run professionally as an ultra-trail runner and have been a part of Team USA.

What do you like to do when you are off the field?

I spend a lot of time in the mountains camping and running, but additionally I enjoy baking, reading and spending time with my dog Gunner.

What is the biggest piece of advice you would give a young athlete?

Believe in yourself, stay positive and find your why.

What made you want to be a PT/AT

I wanted to become a PT because I wanted to be able to build relationships with patients while also being a small piece of the puzzle to their success!

#ALLFORTHESPRINGS



SWITCHBACKS

REMAINING GAMES:

AWAY: OCTOBER 19TH
AGAINST MONTEREY BAY
FC UNION

AWAY: OCTOBER 26TH
AGAINST SACRAMENTO
REPUBLIC FC



ISAIAH DOWNING



YOUR CLUB. YOUR GEAR.

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Superior

Barber Shop



Cuts by **Carlos Hernandez-**
A Proud Pride Parent



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Springs, CO 80909

Special
• OFFER •

Pride Soccer Player &
Family Discounts -
Scan the QR code below
for more details!

