



PRIDE SOCCER CLUB

SEPTEMBER 2024



WELCOME TO OUR

Monthly Newsletter

CELEBRATING 30 YEARS OF PRIDE SOCCER!



Hello, Pride!

THIS MONTH IS A CELEBRATION OF PRIDE SOCCER CLUB. We have been serving our Colorado Springs Community for 30 years. Not only are we celebrating our club and it's accomplishments this year, but we are also thankful and proud that all of YOU can be a part of it too!

In this newsletter you will find:

30 Year Celebration of Pride, Upcoming programming, Player Awards 2023-24, Sponsorships offers/updates, Children's Hospital of Colorado content, September Staff Highlight and staff news, Pride in the Pros, and Colorado Pride Franchise of the Year.





ISAIAH DOWNING

SWITCHBACKS COMMUNITY NIGHT & PARADE ON THE FIELD!

30 YEARS



FOUNDERS CANDY & ANDY
BROOKS -
THANK YOU FOR YOUR TIRELESS
WORK THE LAST 30 YEARS!



ISAIAH DOWNING

Fall Programming!



United 14G

FALL CSA LEAGUES

CSA LEAGUES HAVE STARTED!!!!

[Click here to check schedules & standings](#)



FALL RECREATIONAL

Fall Season -

September 7 - October 26

Veteran's Cup -

November 2-3, 2024

The Veteran's Cup soccer tournament provides a fun end of the season for teams and a great way to honor our Veterans. For U6-U15 recreational teams and U9-10 Academy teams

Registration Deadline: October 18 or until full

[Register Now](#)



FIRST WEEKEND OF RECREATIONAL SOCCER!!!

FALL TOPSOCCER

Saturday, August 24th 1-2p

Saturday, August 31st 1-2p

Saturday, September 28th, 1-2p

Saturday, October 5th, 1-2p

Saturday, October 19th, 1-2p

Saturday, November 2nd, 3:30-4:30pm

[Register Now](#)



Veteran's Cup!!





KING SOOPERS COMMUNITY REWARDS

EVERYONE NEEDS GROCERIES



WHY NOT LET A PERCENTAGE OF THE MONEY YOU ARE ALREADY SPENDING ON GROCERIES GO TOWARDS SUPPORTING PRIDE SOCCER'S PROGRAMS AND HELPING OFFSET YOUR FEES?

KING SOOPERS HAS UPDATED THEIR COMMUNITY REWARDS PROGRAM TO MAKE IT EVEN EASIER FOR YOU TO SUPPORT YOUR CLUB AND **EARN MONEY TOWARDS REGISTRATION AND TEAM FEES**. ALL YOU NEED TO DO IS REGISTER YOUR KING SOOPERS LOYALTY CARD USING THE INSTRUCTIONS ON OUR WEBSITE, AND EVERY TIME YOU SWIPE YOUR KING SOOPERS LOYALTY CARD OR PUT IN YOUR ALTERNATE ID (PHONE NUMBER) WHEN YOU CHECK OUT, **YOU WILL RAISE MONEY TOWARDS YOUR PLAYER'S FEES AND PRIDE'S SCHOLARSHIP FUND**.

CLICK ABOVE TO GET STARTED!

SEPTEMBER STAFF HIGHLIGHT



SARAH LAPIDES



MEET SARAH LAPIDES, OUR ADMINISTRATIVE DIRECTOR AND ONE OF OUR AMAZING OFFICE STAFF!

Q: WHY DO YOU DO WHAT YOU DO?

A: I'M PASSIONATE ABOUT SOCCER FOR SO MANY REASONS. THE COMMUNITY IT BUILDS AND THE LIFE LESSONS IT TEACHES ARE UNMATCHED.

Q: WHAT IS YOUR FAVORITE SOCCER MEMORY?

A: SUMMERS SPENT DOING AS MANY 3V3 TOURNAMENTS AS POSSIBLE!

Q: IF YOU COULD SPEND A DAY WITH ONE FAMOUS PERSON WHO WOULD IT BE?

A: PEP GUARDIOLA. THE THINGS I'D LEARN ABOUT SOCCER!



FAV VACATION SPOT:
ANYWHERE WARM WITH A BEACH AND A POOL!



SPORTS TEAMS SARAH FOLLOWS



Q: WHAT DO YOU LIKE TO DO WHEN YOU ARE OFF THE FIELD/OUT OF OFFICE?



FUN FACT: SARAH IS A REALLY GOOD COOK!





ECNL & ECNL-RL 2023-24 All-Conference Awards



Axel Zuniga
1st-team U19

ECNL BOYS Mountain Conference



Sean Lee
1st-team U17



Brayden Tester
2nd-team U19



Connor Hurlbert
2nd-team U17



Miles Teger
1st-team U16



Zach Higdon
2nd-team U16



Adrian Corona
2nd-team U15

ECNL GIRLS Texas Conference



Lauren Anderson
2nd-team U19



Brenna Hallam
2nd-team U17



Autumn Montoya
2nd-team U16



Audrey Simmons
2nd-team U15

STAFF NEWS



 @WESTERNWINDCREATIVE



Peter Griggs Director of Goalkeeping

PETER GRIGGS EARNS AN ADVANCED NATIONAL GOALKEEPING DIPLOMA FOR HIS WORK THROUGHOUT THE SUMMER IN THE UNITED SOCCER COACHES COURSE.

“WE ARE PROUD OF PETER, “ JAY RAYNER, PRIDE TECHNICAL DIRECTOR, SAID, ”FOR CONTINUALLY FURTHERING HIS COACHING EDUCATION. PRIDE REMAINS COMMITTED TO THE LONG-TERM DEVELOPMENT OF ITS STAFF FOR THE BETTERMENT OF THE PROGRAM. PETER’S KNOWLEDGE WILL ALLOW HIM TO CONTINUE TO HELP OUR GOALKEEPERS! WELL DONE PETER!”

ANDI WATERHOUSE, COLLEGE ADVISING DIRECTOR, ASSISTS **U15 WYNT AND THEIR GOALKEEPERS** TO A CONCACAF CHAMPIONSHIP THIS PAST AUGUST IN ALAJUELA, COSTA RICA!

JAY RAYNER SAID “WE, AS A CLUB, ARE DELIGHTED FOR ANDI AND HER WORK WITH THE U15S - BOTH AT A CAMP IN THE NETHERLANDS AND THEN AS PART OF THE TEAM **WHO TOOK FIRST PLACE IN THE CONCACAF CHAMPIONSHIPS**. IT IS TESTAMENT TO ANDI’S PROFESSIONALISM AND ATTENTION TO DETAIL.

TO EARN THAT EXPERIENCE AND SUCCESS IS A REMARKABLE ACHIEVEMENT, BUILDING ON HER WORK WITH THE GOALKEEPERS IN THE ODP PROGRAM. WE ARE SO PROUD OF YOU ANDI!”



Andi Waterhouse College Advising Director GM Colorado Pride

PRIDE IN THE PROS



ADRIANNE JORDAN
PREDATOR '94G

SIGNS CONTRACT IN INAUGURAL
USL-SUPERLEAGUE SEASON FOR
FORT LAUDERDALE UNITED



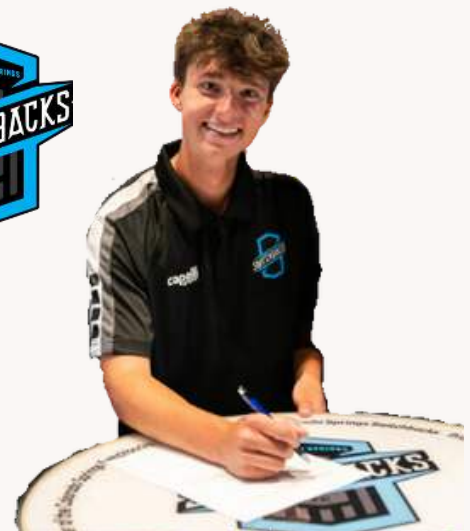
HUDSON DAVIS
PREDATOR '03B

MAKES PRO DEBUT FOR LA'ESCALA
FC AS A PLAYER ON LOAN FROM
SPANISH CLUB, GIRONA FC!



ALLY WATT

PREDATOR '97G
50 APPEARANCES WITH
CURRENT #1 RANKED
ORLANDO PRIDE NWSL



AIDEN HARRIS

PREDATOR 06B
SIGNS WITH THE SWITCHBACKS FC
TO AN ACADEMY CONTRACT IN
AUGUST



FRANCHISE OF THE YEAR

WPSL MOUNTAIN CONFERENCE

Colorado Pride Soccer Club is proud to announce that the team has been named the **Mountain Conference Franchise of the Year**, following their best season since 2015. This prestigious recognition caps off a season in which the Pride ended ranked #7 nationally, solidifying their place among the elite in women's soccer.

Head Coach, Matt Saul, is "thankful for the opportunity to have worked with our exceptional players and dedicated staff. The recognition as Franchise of the Year is a tremendous honor and one that is wholly deserved. Our success this season can be attributed to **the meticulous processes implemented at every level of our program**, from playlist selection and pre-game locker room preparation to the execution of our game model on the field. This achievement is a testament to the **unwavering commitment of everyone involved**, who showed up day in and day out, each playing a crucial role in our collective success. As we look to the future, we are thrilled to continue **our mission of elevating women's soccer in Colorado Springs.**"



@PRIDETOPRO



@PRIDETOPRO



**SPORTS MEDICINE
CENTER**
Children's Hospital Colorado

HYDRATE TO DOMINATE (& prevent heat illness)

EXPERT TIPS FOR STAYING HEALTHY AND HYDRATED

We are in season and it is still hot out there on the field! High physical exertion and high temperatures can spell bad news for young athletes who aren't getting proper hydration. In this article from our partners at Children's Hospital Colorado, you'll learn about important heat illness prevention topics – including which children are at risk, signs to watch for and how to create a hydration plan for before, during and after the big game. Click [HERE](#) for more info!

CHILDREN'S HOSPITAL OF COLORADO
IN THE NEWS





Meet the Team

Hanz Tao, PT DPT

Sports Medicine Physical Therapist

What's your favorite part of your role as a PT?

I'm very fortunate to work exclusively with adolescent student-athletes as a sports PT. I enjoy watching their transformation from the beginning to the end of their rehabilitation process. In the beginning, they are often discouraged, nervous and unsure how to handle all the challenges that come with their injury. As they make progress in their rehabilitation, they learn how to take initiative, how to be resilient, how to help themselves, and they regain their confidence. They take control of their own destiny. I'm very grateful to be a guide that helps young student-athletes navigate this maturation process through their injury rehabilitation.

Did you play sports growing up?

I played basketball for my high school team and for an Asian American club team. On my high school team, I was a guard because I was one of the shortest athletes. On my club team, I played all positions because I was one of the only guys that could defend taller players. Because basketball was so competitive in Los Angeles, I had to focus on basketball year-round to keep a spot on the team and I could not risk getting injured in other sports. In another life, I would have also played soccer, volleyball and track.

What is a fun fact about you?

My oldest dog, Falco, is named after Falcon Heene (balloon boy from Fort Collins, CO).

What do you like to do when you are off the field?

I enjoy spending quality time with my wife, two boys and two dogs. We enjoy hiking and traveling. I also like to run half marathons and play basketball. When the boys get older, I'm excited to take them into the Rockies for backpacking, skiing and snowboarding.

What is the biggest piece of advice you would give a young athlete?

Take the time to appreciate the relationships you make in sports. Whether it means learning more about a teammate who looks different than you, an opponent whom you competed against, a coach who pushes you hard to get better or a referee who made a call that you disagreed with — there is always something to learn. You can ask about how they developed a specific skill, what their favorite food is (so that you can also try new flavors), what their family life is like or what drives them. Sports relationships can help teach you to appreciate diversity. They can also foster creative ideas to grow in your own ways.

What made you want to be a PT?

I suffered many ankle sprains while playing basketball in high school. These injuries caused me to change my game, as I wasn't able to reach my fullest potential. For example, I got very close to dunking many times, but then I'd suffer another ankle sprain that would set me back. We didn't have a PT or AT back then. I never found any solutions to reduce my chances of spraining my ankles until after college, when I learned about PT. After learning how to control my own destiny with different strategies to improve my ankle stability, I was motivated to help others in the same way.

ONLY 2 HOME GAMES LEFT!!!!

COME REP PRIDE THIS YEAR AT WEIDNER FIELD

Use Pride's exclusive code PRIDE24 to get discounted individual & team packages for games this year. Scan the QR code to get started!!



Cuts by **Carlos Hernandez**-
A Proud Pride Parent



3275 E Platte Ave f, Colorado
Springs, CO 80909

*Special
OFFER.*

Pride Soccer Player &
Family Discounts -
Scan the QR code below
for more details!

