



PRIDE SOCCER CLUB

JANUARY 2025



WELCOME TO OUR

Monthly Newsletter

Happy New Year from Pride Soccer!



Hello, Pride!

Welcome to 2025 - we are so excited for this year and all the fun things Pride will be doing. Please continue reading for some updates and info for the upcoming season!

In this newsletter you will find:

Upcoming programming, Sponsorship Materials, January Staff Highlight, Pride Staff Updates, Switchbacks' 2025 schedule, Winter Camp Pictures, 2025 College Commitments, Senior Recognition Night, Colorado Pride WPSL Winter Training Series update, US Senior Open, Coalition of Athletic Communities for Mental Health, Soccer Parent Resource Center!!



Upcoming Programming

SPRING RECREATIONAL SOCCER

Our Recreational program is designed as an introduction to the sport, focusing on skills, character development and having fun. We create a safe, positive environment for kids to play and learn soccer.

REGISTRATION CLOSES: February 28- Waitlist or as needed thereafter

Spring Season: April 5-May 17

[Click here for more info & to register](#)

SPRING CSA LEAGUES

All CSA Leagues and games start mid-March. Schedules/standings will be posted in the link below!!

[Click here to check schedules & standings](#)



Upcoming Programming

SPRING TOPSOCCER

TOPS Panthers is a FREE program created by the Pride Soccer Club to teach athletes with disabilities about the most popular sport in the world, SOCCER! Each practice is specifically designed for the enjoyment, safety, education, and success of Athletes with disabilities in Colorado Springs. Each session will introduce TOPS Panthers Soccer Players and UCCS Players from our community. By bringing these teams together, TOPS Panther Soccer will provide individual training and attention to each Panther Player. To learn more & sign up [click here](#).



TOPSOCCER
COLORADO SOCCER
ASSOCIATION



SPRING TOPSOCCER DATES

****ALL HOSTED AT THE UCCS STADIUM****

SATURDAY, APRIL 5TH 3:00P-4:00P

SATURDAY, APRIL 12TH 1:00P-2:00P

SATURDAY, APRIL 19TH 1:00P-2:00P

SUNDAY, APRIL 27TH 1:00P-2:00P

SATURDAY, MAY 10TH 1:00P-2:00P

SATURDAY, MAY 17TH 1:00P-2:00P

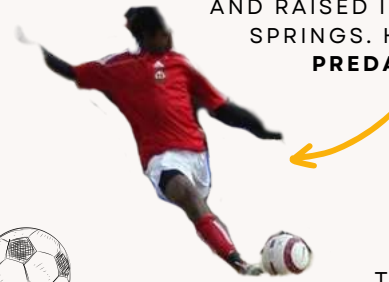
JANUARY STAFF HIGHLIGHT



MARCUS JORDAN

MEET MARCUS JORDAN, OUR BOYS JUNIOR ACADEMY DIRECTOR OF COACHING & FORMER PRIDE SOCCER YOUTH PLAYER

FUN FACT: MARCUS WAS BORN AND RAISED IN COLORADO SPRINGS. HE IS A '94 PREDATOR!



MARCUS ALSO PLAYED BASKETBALL, HOCKEY, RAN TRACK AND ONE YEAR OF FOOTBALL IN HIGH SCHOOL

Q: WHY DO YOU DO WHAT YOU DO?

A: MY WHY IS BEING ABLE TO HELP THE KIDS IN THE COMMUNITY I GREW UP IN LOVE THE GAME AND GAIN CONFIDENCE TO GO AND DO GREAT THINGS IN THEIR NON-SPORT LIVES AS WELL!



Q: WHAT DO YOU LIKE TO DO WHEN YOU ARE OFF THE FIELD/OUT OF OFFICE?

A: SPORTING EVENTS, HIKING, & FAMILY



Q: IF YOU COULD SPEND A DAY WITH ONE FAMOUS PERSON WHO WOULD IT BE?

A: PATRICE EVRA



Q: FAV VACATION SPOT?

A: ANYWHERE IN GEORGIA!

Q: WHAT IS YOUR FAVORITE SOCCER MEMORY?

PLAYING IN THE 2017 MINIFOOTBALL WORLD CUP



SPORTS TEAMS MARCUS FOLLOWS



HOCKEY TEAMS SOCCER TEAMS



NEW STAFF UPDATES!



Eli Stauffer **Recreational Director** **U4-U8**

A LOCAL OF COLORADO SPRINGS, ELI HAS COACHED AT PRIDE FOR THE LAST TWO YEARS, AS BOTH A HEAD COACH, WITHIN THE COMPETITIVE PROGRAM, AND IN VARIOUS ASSISTANT CAPACITIES TO SENIOR MENTORS.

TECHNICAL DIRECTOR, JAY RAYNER, HAD THIS TO SAY: "IT HAS BEEN CLEAR FOR A LONG TIME THAT **ELI IS A DEDICATED AND KNOWLEDGEABLE** INDIVIDUAL WHO IS **PASSIONATE ABOUT YOUTH DEVELOPMENT**. ELI HAS DEMONSTRATED A COMMITMENT TO LEARNING, IS A GREAT COMMUNICATOR AND UNDERSTANDS **THE PRIDE WAY.**"

ELI SAID, "I AM **BEYOND GRATEFUL** FOR THIS OPPORTUNITY TO BE A PART OF AN AMAZING STAFF. THIS POSITION WILL ALLOW ME TO CONTINUE TO LEARN AND GROW WHILE BEING ABLE TO **DO WHAT I LOVE**. MOST IMPORTANTLY I AM EXCITED TO CONTINUE **SERVING THE SOCCER COMMUNITY** IN COLORADO SPRINGS TO THE BEST OF MY ABILITY!"

Winter Camps!!



2024 USL CHAMPIONS



WHAT A YEAR. WHAT A TEAM. WHAT A CITY!

CONGRATS SWITCHBACKS - Pride Soccer Club is proud to be a partner and to be here to experience and support your tremendous success! Cannot wait for 2025!

2025 Schedule			Home Away		
Sat. Mar. 8	Sat. Apr. 12	Sat. May 3	Sat. Jun. 21	Sat. Aug. 9	Sat. Sep. 27
Sat. Mar. 15	Sat. Apr. 19	Sat. May 24	Wed. Jun. 25	Sat. Aug. 16	Sat. Oct. 4
Sat. Mar. 22	Wed. Apr. 23	Sat. May 31	Sat. Jun. 28	Sat. Aug. 23	Sat. Oct. 11
Sat. Mar. 29	Sat. May 3	Sat. Jun. 7	Fri. Jul. 4	Sat. Aug. 30	Sat. Oct. 18
Sat. Apr. 8	Sat. May 10	Sat. Jun. 14	Sat. Jul. 19	Sat. Sep. 6	Sat. Oct. 25
Sat. Apr. 15	Sat. May 17	Sat. Jun. 21	Sat. Jul. 26	Sat. Sep. 13	Sat. Oct. 25
Sat. Apr. 22	Sat. May 24	Sat. Jun. 28	Fri. Aug. 1	Sat. Sep. 20	TIMES ARE TBD



Calling All Snowman Builders!

Some kids need to stay in the hospital to get better. But that does not stop their imaginations from wandering far beyond our walls. Take these snow creations, for example, imagined by our patients and brought to life by families near and far through the Snow Buddies Program.

This snow season, you're invited to help bring our patients' creations to life! All you have to do is sign up, then wait for your snow-person specs and a fresh snowfall. We hear it's as much fun for the volunteers as it is for our patients.

Check out a few favorite creations below, then scan QR code to sign up!



Ends: March 31st, 2024

Questions contact: ryan.nke@childrenscolorado.org



Children's Hospital
Colorado

2025 College Commitments



HUGE CONGRATS TO ALL OUR SENIORS HEADED OFF TO PLAY IN COLLEGE!



Lily Christofferson

CARNEGIE MELLON UNIVERSITY (D3)



Josiah Mezey

UNI. OF NORTHWESTERN ST. PAUL (D3)



Sofia Jimenez

UNI. OF WISCONSIN - STEVENS-POINT (D3)





COLORADO PRIDE - WPSL

WPSL WINTER TRAINING SERIES

Continue to follow your **2024 Mountain Conference Champions** as we prepare for our 2025 WPSL Season! Here are just a few amazing moments from our Winter Reunion training sessions!





Pride Soccer
Exclusive Ticket Offer



17 & under get
in free with
ticketed adult



[Click here to
buy ticket](#)

**INSERT PROMO
CODE: PRIDE**
at checkout

45th US SENIOR OPEN

JUNE 25-29TH | THE BROADMOOR

The world is coming to Colorado Springs. The U.S. Senior Open golf championship returns to The Broadmoor this summer. This will be the ninth major championship hosted at the famous Colorado resort featuring the best senior players in the world and legends of the game.

Over 130,000 fans are expected to attend throughout the week and fans from 31 states have already purchased their tickets to experience a major championship at a five-star, five diamond resort.



Mental Health

THE PSYCHOLOGY OF RECOVERING FROM A SPORTS INJURY

A season-ending injury can be difficult for young athletes physically, mentally and emotionally. From understanding the seriousness of the injury to rehabilitation goals through physical therapy, incorporating mental health is essential when recovering from a sports injury. To learn more about the psychology of recovering from a sports injury, read the advice from our expert partners at the Sports Medicine Center at Children's Hospital Colorado. Link to article [here](#).



Coalition of Athletic Communities for Mental Health

INTERESTED IN LEARNING MORE ABOUT MENTAL HEALTH IN ATHLETES?

Join Children's Hospital of Colorado as they support the **1st Annual Coalition of Athletic Communities for Mental Health** Event - Agenda on next pages



sponsored by



Helen and Arthur E. Johnson
Depression Center

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

AGENDA

DENVER, CO
FEBRUARY 26-27, 2025

"STRONGER AS ONE"

OVERVIEW:

The first annual Coalition of Athletic Communities for Mental Health conference will bring together interested parties to discuss issues that are important to athletics and mental health, identify shared best practices, and develop partnerships to implement solutions. The 2-day conference will take place at the University of Colorado Anschutz Medical Campus (1890 N. Revere Ct, Aurora, CO 80045) in the Anschutz Health Sciences Building. Conference attendance is targeted at athletes, coaches, administrators and other athletic staff, parents and other caregivers, academics, health care providers, and others interested in the intersection of mental health and athletics. Conference topics will be for athletics at all levels from youth to elite levels, and presentations will be delivered by international experts, current and former athletes, foundation program leaders, and athletic program leaders.

Topics include injuries and mental health, identity and self-worth outside of sport, pressure and performance, debunking "mental toughness", peer and other supports, and traumatic brain injuries and mental health.

CONFERENCE PRICING - SPACE AND TICKETS ARE LIMITED:

- 2-Day Registration: \$100
- 2-Day Registration Plus Evening Panel Event on February 26: \$125
- Evening Panel Event on February 26: \$50
- 1-Day Registration: \$50
- Hotel blocks are available
- [REGISTER HERE](#)



No Cost for Student-Athletes to attend all conference events - use code Athlete25

Please visit [REGISTER HERE](#) periodically for updates or to register. For questions, to get on our email list, or to set up a **virtual viewing** please email: CoACMH@cuanschutz.edu



Day 1: February 26, 2025

Schedule and Topics Subject to Change

- 7:30 am: Registration Opens
- 8:30 am - 5:00 pm: Program Presentations and Panels
- **State of Mental Health in Athletics**
 - Dona Rodgers - Morgan's Message / morgansmessage.org Kym Hilinski - Hilinski's Hope / hilinskishope.org Gabrielle Fontana - Mia Fontana Foundation / mianfontanafoundation.org Arman Taghizadeh, MD - The Hidden Opponent / thehiddenopponent.org
- **Program Dissemination Needs and Best Practices**
 - Suzanne Potts - The Hidden Opponent / thehiddenopponent.org
 - Rich Bennett, Associate Athletic Director, Colorado College
 - Ross Barr, PsyD, LP, Director of Student-Athlete Mental Health and Wellness, CSU
 - Mena Mirhom, MD - Athletes for Hope / athletesforhope.org
- **Aaron Bailey Suicide Prevention Keynote with Dr. Kimberly O'Brien**
 - Injuries, Identity, and Loss of Connection and Meaning as Suicide Risk
 - Dr. Kimberly O'Brien - Clinician, Researcher, Trainer, NCAA Ice Hockey Champion / khmobrien.com
- **Working from Within: Unique Approaches to Mental Health Support Within College Athletics**
 - Erin Rubenking, MA, LPC, LAC - Private Practice Cara
 - Cerullo, LCSW - Western Illinois University Jess Kirby, PhD - University of Colorado Colorado Springs Taylor Stuemky - University of Wyoming
- **Concussions and Mental Health in Youth**
 - Ann Latagne, PhD - Children's Hospital Colorado
- **Athletic Trainers as Mental Health Partners**
 - Dennis Coonan, MSE, LAT, ATC - Children's Hospital Colorado

in partnership with





Evening: February 26, 2025

Schedule and Topics Subject to Change

Evening Panel and Networking

- Join us for an evening panel
- Network with our Foundation partners and other attendees
- 6:00 pm: Doors open for networking
- 6:45 - 8:15 pm: Panel discussion
- 8:15 - 8:45 pm: Networking
- Panelists include:
 - **Jimmer Fredette** - 10th overall draft pick in 2011, 6-year NBA career, member of inaugural Olympic 3x3 Men's Basketball Team USA
 - **Dee Brown** - 19th overall pick in 1990, All-Rookie First Team, 1991 NBA Slam Dunk winner, 12-year NBA career, currently serves as Executive Senior Associate Athletic Director for Jacksonville University
 - **Civana Kuhlmann** - Played soccer for Stanford and Colorado, NCAA Division 1 Soccer National Champion, member of NWSL's Washington Spirit, member of U.S. under-17 and under-20 teams, Colorado native who played for Colorado Rush
 - **Julie Myers** - Field Hockey and Lacrosse All-American, ACC and National Lacrosse Coach of the Year with 27 consecutive NCAA Tournament bids, Diane Geppi-Aikens Memorial Award recipient
 - **George Karl** - Played at University of North Carolina under Dean Smith and 4 years in the ABA for San Antonio Spurs, Naismith Hall of Fame coach in the NBA for 30 years including Denver Nuggets, 6th winningest coach in NBA history
 - **Gary Barnett** - Head football coach for schools including Northwestern and Colorado, 2x Big Ten and Big12 Coach of the Year, Buffs4Life Board of Directors

in partnership with





Day 2: February 27, 2025

Schedule and Topics Subject to Change

- 7:30 am: Registration Opens
- 8:30 am - 2:00 pm: Program Presentations and Panels
- **Eating Disorders and Athletics: Signs and Symptoms in Sport, and How to Help**
 - Emily Hemendinger, LCSW, MPH, CPH, ACS - Department of Psychiatry, University of Colorado School of Medicine
- **Understanding Today's Sports Environment: How to Support Athletes**
 - Kathryn Ames, MA, NCC, LPC - Thru the Game, LLC / thruthegame.com
- **Multi-Disciplinary Approach to Athlete Well-Being**
 - Mark Allen, MD - American Board of Sports and Performance Psychiatry
- **Driving Policy Development at the Local, State, and National Levels**
 - Gina and Steve Meyer - Katie's Save / katiessave.org
 - Skye Arthur-Banning, PhD and Margaret Domka - U.S. Center Mental Health and Sport
- **Supporting the Mental Health of Athletes: Perspectives from an Athletic Conference**
 - Rocky Mountain Athletic Conference
- **Understanding the Lifecycle of a Foundation**

- **2:30 - 4:30 pm: Optional training courses TBD**

in partnership with





KING SOOPERS COMMUNITY REWARDS

EVERYONE NEEDS GROCERIES



WHY NOT LET A PERCENTAGE OF THE MONEY YOU ARE ALREADY SPENDING ON GROCERIES GO TOWARDS SUPPORTING PRIDE SOCCER'S PROGRAMS AND HELPING OFFSET YOUR FEES?

KING SOOPERS HAS UPDATED THEIR COMMUNITY REWARDS PROGRAM TO MAKE IT EVEN EASIER FOR YOU TO SUPPORT YOUR CLUB AND **EARN MONEY TOWARDS REGISTRATION AND TEAM FEES**. ALL YOU NEED TO DO IS REGISTER YOUR KING SOOPERS LOYALTY CARD USING THE INSTRUCTIONS ON OUR WEBSITE, AND EVERY TIME YOU SWIPE YOUR KING SOOPERS LOYALTY CARD OR PUT IN YOUR ALTERNATE ID (PHONE NUMBER) WHEN YOU CHECK OUT, **YOU WILL RAISE MONEY TOWARDS YOUR PLAYER'S FEES AND PRIDE'S SCHOLARSHIP FUND**.

CLICK ABOVE TO GET STARTED!

#MakeYouthSoccerBetter



Soccer
Parenting

Articles

Learn how to support your athlete on and off the field!



Which Spectator are You?



Join Over 38,000 Parents and Begin Your Journey Towards Becoming a More Empowering Soccer Parent!

Courses



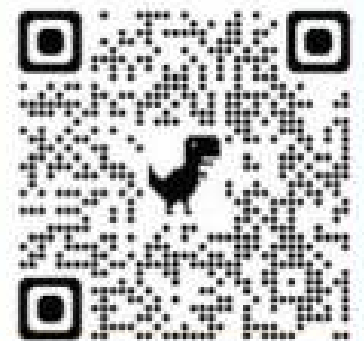
A 22 minute course for parents helping you win on gameday! Covering pre-game nutrition and planning, sideline behavior, the car ride home and more!



Gameplans

Be sure to check out our newly added Nutrition for Parents!

Activate your pass to the Soccer Parent Resource Center **HERE!**



**COLORADO
ACCESS**



Special
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Pride Soccer Player &
Family Discounts -
Scan the QR code below
for more details!



Cuts by **Carlos Hernandez** -
A Proud Pride Parent



3275 E Platte Ave f, Colorado
Springs, CO 80909

YOUR CLUB. YOUR GEAR.
20% OFF
CUSTOM FAN WEAR
USE CODE: FAN20

SHOP NOW

A photograph of a smiling man with dark hair and a beard, wearing a red t-shirt. The t-shirt has the text "START STRONG FINISH STRONGER" in yellow and white, and a small circular logo at the bottom. He is pointing towards the text on the left.

[CLICK HERE TO ORDER](#)