



# PRIDE SOCCER CLUB

FEBRUARY 2025



WELCOME TO OUR

## Monthly Newsletter

Getting ready for Spring soccer!



Hello, Pride!

We are ALMOST to the start of our Spring season and we could not be more excited to get going. Please join us in celebrating some awesome news from the last few months and look forward to what's to come this Spring! Enjoy!

### In this newsletter you will find:

Senior Recognition Night Highlight, Upcoming programming, Coach & player Highlights and Awards, Sponsorship Materials, Switchbacks' 2025 schedule, US Senior Open, Coalition of Athletic Communities for Mental Health!





# Pride Senior Recognition Night

FEBRUARY 2ND, 2025

**Thank you** to all of our families who came to Senior Night this year, hosted in the East Club of AF Football Stadium. It was such a **special celebration** of all our Senior players who have dedicated so much time, effort and resources to their soccer playing careers! We are **sad to see you go, but so excited** to see where you will go from here.



[SENIOR SLIDESHOW](#)

[PHOTO ALBUM](#)



@westernwindcreative







**Sofia Jimenez**



**Baili McKim**



**Carson Tapia**



**Ryan Vsetecka**

## PRIDE LEGACY AWARDS

Presented to those male & female seniors who have courageously embodied and led through Pride's Core Values of **Passion, Respect, Integrity, Determination and Excellence** both on and off the field during their tenure at Pride SC. Congratulations!



## Senior Night Awards



## LUCASTRONG MEMORIAL SCHOLARSHIP



In the loving memory of **Gian-Luc Jordan** ('99 Predator), Pride SC presents the female and male \$1,000 scholarship awards to:



**Isabella Maerschbecker**



**Caleb Obenchain**

# Upcoming Programming

## SPRING RECREATIONAL SOCCER

Our Recreational program is designed as an introduction to the sport, focusing on skills, character development and having fun. We create a safe, positive environment for kids to play and learn soccer.

REGISTRATION CLOSES: February 28- Waitlist or as needed thereafter

Spring Season: April 5-May 17

[Click here for more info & to register](#)

## SPRING CSA LEAGUES

All CSA Leagues and games start mid-March. Schedules/standings will be posted in the link below!!

[Click here to check schedules & standings](#)



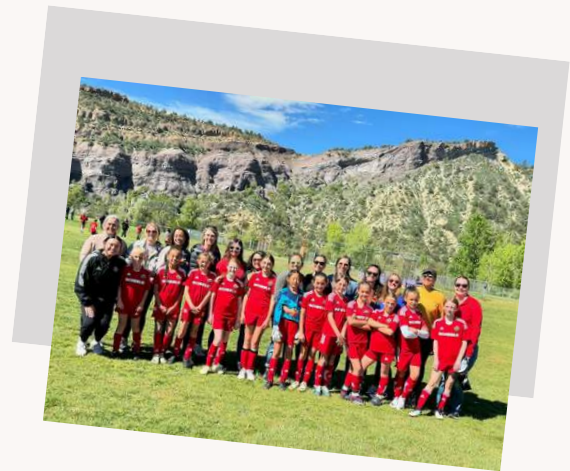
## SPRING BREAK RECREATIONAL CAMPS

March 24th- 28th

U4-U8 9-10AM

U9-U15 10-11am

[Click here for more info & to register](#)



## SPRING BREAK JUNIOR ACADEMY CLINICS

March 24th- 27th

Girls: 9-10AM

Boys: 10-11am

[Click here for more info & to register](#)

# Upcoming Programming

## SPRING TOPSOCCER

TOPS Panthers is a FREE program created by the Pride Soccer Club to teach athletes with disabilities about the most popular sport in the world, SOCCER! Each practice is specifically designed for the enjoyment, safety, education, and success of Athletes with disabilities in Colorado Springs. Each session will introduce TOPS Panthers Soccer Players and UCCS Players from our community. By bringing these teams together, TOPS Panther Soccer will provide individual training and attention to each Panther Player. To learn more & to sign up [click here](#).



**TOPSOCCER**  
COLORADO SOCCER  
ASSOCIATION



### SPRING TOPSOCCER DATES

\*\*ALL HOSTED AT THE UCCS STADIUM\*\*

SATURDAY, APRIL 5TH 3:00P-4:00P

SATURDAY, APRIL 12TH 1:00P-2:00P

SATURDAY, APRIL 19TH 1:00P-2:00P

SUNDAY, APRIL 27TH 1:00P-2:00P

SATURDAY, MAY 10TH 1:00P-2:00P

SATURDAY, MAY 17TH 1:00P-2:00P



# NEW STAFF UPDATES!



## **Andrew Kummer** **“Boomer”** **Senior Girls Director**

Andrew is currently coaching our Predator 06/07 and Copa 07 boys teams and is an assistant for the Colorado Pride WPSL team. He will move into his fulltime role starting March 1st. Prior to his move to Colorado Springs, Boomer had held multiple director level positions at a few clubs and has a **long history of success both as a coach and a director.**



Technical Director, Jay Rayner, had this to say: “I’m really excited to bring Andrew Kummer in to lead the Girls Program. He is someone who we’ve known, as a Staff, for a long time, competed against, collaborated with and, more recently, worked alongside.

**His enthusiasm, love for the game, and extensive experience of the local and national levels, make him ideally placed to progress our program to the next level.**

His

outstanding communication skills, perspective and attention to detail will bring qualities that we look for in a Staff member.”

Said Andrew: “I’m honored to step into this role at Pride SC and **excited to contribute** to a club with such a **strong community** and long history in Colorado Springs. My goal is to help create an environment where our **girls can thrive, challenge themselves, and take their game to the next level.** I look forward to working with the players, coaches, and families to **build something special together.**”



**Congrats, Coach Lizzie, on completing the US Soccer SheChampions Mentorship Program!**



**Q: What is the SheChampions course?**

A: The SheChampions Mentorship Program combines mentorship with access to the VisionPursue (VP) platform, focusing on **developing both professional and personal skills**. This program **supports women in coaching** through guidance and a network for growth.

**Q: Why did you want to be a part of the course?**

A: To further enhance my **coaching skills and deepen my understanding of how to support and empower female athletes**. I'm passionate about fostering an environment where players can thrive both on and off the field, and this course offers a unique opportunity to learn from **experienced mentors while gaining practical insights**.

**Q: What is your favorite memory for the course?**

A: The highlight of the course was the chance to meet so many **inspiring women** in person. One of the standout moments was watching **Emma Hayes and the USWNT train** the day before their friendly match against Iceland.

**Q: What would you say to other females looking to be a coach or who might want to go to the next level of coaching?**

A I would encourage any female looking to become a coach or advance to the next level to **embrace the opportunity for growth and learning**. It's important to **surround yourself with a supportive community of women in coaching** who can share their experiences and offer guidance.





# 2024 CSA Coach of the Year Awards

YOUR HARD  
WORK MAKES A  
DIFFERENCE.



## TOPSOCCER Coach of the Year

COACH  
**WENDY PATTERSON**

**Pride Panthers**



## Girls Rec. Nomination

**Under 7**

COACH  
**JUSTIN GAY**



## Boys Rec. Nomination

COACH  
**BRUCE WALKER**

**Under 11**

## Girls Comp. Nomination

**Copa 11G**

COACH  
**TARAH PATTERSON**



## Boys Comp. Nomination

COACH  
**JOSE MONTALVAN**

**White 12B**



**CONGRATS!**



# ECNL LAS VEGAS SELECTION GAME

**MILES TEGER - 08B**  
**PRIDE PREDATOR ECNL**



Miles & his team after the game

**Q: WHAT WAS YOUR FAVORITE PART OF BEING IN THE GAME?**

A: My favorite part of being in the game was when I made a goal line clearance because I knew it was a key moment. Afterwards being able to celebrate with my showcase and ECNL teammates was also amazing.

**Q: WHAT DID IT FEEL LIKE TO BE SELECTED FOR THE ECNL SELECTION GAME?**

A: I am extremely honored and grateful for this opportunity. Without my teammates and coaches I don't think I would be able to participate in this game.



**Q: WHAT WOULD YOU TELL YOUNGER PLAYERS WHO ASPIRE TO GET TO THE ECNL LEVEL AND/OR SELECTED FOR ONE OF THESE GAMES?**

A: To make it to the ECNL level/National Showcase you have to work as hard as you can and love the game that you play. With enough passion and persistence you can make it to whatever level you want to be at.



# BECOME A REFEREE

*in 3 Easy Steps*

## STEP 1

Register for ONE in-person session:

**Mar. 9, 2025**

Morning Session:  
9:30 am-1:00 pm

Midday Session:  
11 am-2:30 pm

## STEP 2

Complete the online lessons in the Learning Center before your in-person session (4-6 hrs of lessons).

## STEP 3

Attend your in-person session to complete your requirements.

Morning Session

**Location:** Weidner Field  
111 W Cimarron St, Colorado Springs, CO

Midday Session



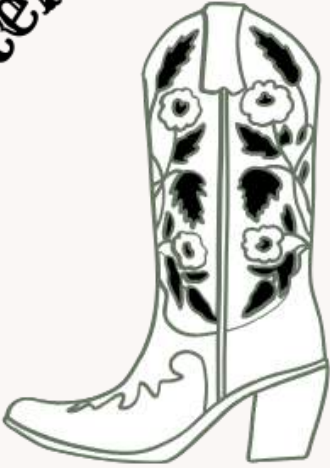
### REFEREE BENEFITS:

Flexible Schedule  
Great Pay  
Learn More About The Game  
Opportunities for Travel





Western Wind Creative



PHENIX SMITH

## NEED PHOTOGRAPHY?

**Phenix** is a former Pride Soccer coach and runs her own **professional photography business**. Consider hiring her for your family, wedding, senior photos or other photography needs!

[CLICK HERE FOR PHENIX'S PHOTO GALLERY](#)



YOUR CLUB. YOUR GEAR.

**20% OFF**

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# 2024 USL CHAMPIONS



**WHAT A YEAR. WHAT A TEAM. WHAT A CITY!**

CONGRATS SWITCHBACKS - Pride SC is proud to be a partner and to be here to experience and support your tremendous success! Cannot wait for the 2025 season!

2025 Schedule			Home   Away		
Sat. Mar. 8	Sat. Apr. 12	Sat. May 3	Sat. Jun. 21	Sat. Aug. 9	Sat. Sep. 27
Sat. Mar. 15	Sat. Apr. 19	Sat. May 24	Wed. Jun. 25	Sat. Aug. 16	Sat. Oct. 4
Sat. Mar. 22	Wed. Apr. 23	Sat. May 31	Sat. Jun. 28	Sat. Aug. 23	Sat. Oct. 11
Sat. Mar. 29	Sat. May 3	Sat. Jun. 7	Fri. Jul. 4	Sat. Aug. 30	Sat. Oct. 18
Sat. Apr. 8	Sat. May 10	Sat. Jun. 14	Sat. Jul. 19	Sat. Sep. 6	Sat. Oct. 25
Sat. Apr. 15	Sat. May 17	Sat. Jun. 21	Sat. Jul. 26	Sat. Sep. 13	Sat. Oct. 25
Sat. Apr. 22	Sat. May 24	Sat. Jun. 28	Fri. Aug. 1	Sat. Sep. 20	TIMES ARE TBD





# FEBRUARY STAFF HIGHLIGHT



# SHARON DETER

## MEET SHARON DETER, OUR FEARLESS CLUB ACCOUNTANT!

### Q: WHY DO YOU DO WHAT YOU DO?

A: HAVE BEEN WITH PRIDE SOCCER IN SOME CAPACITY – PARENT, VOLUNTEER, BOARD MEMBER, OR STAFF MEMBER – FOR ALMOST 30 YEARS. MY DAUGHTER PLAYED FROM AGE FOUR THROUGH HIGH SCHOOL AND THEN IN COLLEGE THANKS TO PRIDE STAFF AND COACHES. I WORK HERE BECAUSE IT'S A PART OF MY LIFE AND BECAUSE I BELIEVE IN PRIDE'S MISSION.



**FUN FACT:** SHARON WAS RAISED IN LUFKIN, TEXAS.



SHARON PLAYED BASKETBALL GROWING UP AND ENJOYED RIDING BIKES, PLAYING WITH HER COUSINS AND SWIMMING AND GOING TO THE BEACH IN THE SUMMER!



### Q: FAV VACATION SPOT?

A: THE BEACH

### Q: WHAT DO YOU LIKE TO DO WHEN YOU ARE OFF THE FIELD/OUT OF OFFICE?

A: SPEND TIME WITH MY FAMILY



### Q: IF YOU COULD SPEND A DAY WITH ONE FAMOUS PERSON WHO WOULD IT BE?

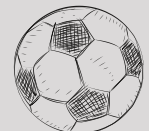
A: MARY ANN MACLEOD TRUMP. TO LEARN ABOUT HER FAMILY AND HOW PRESIDENT TRUMP WAS RAISED IN HIS FAMILY OF ORIGIN



# MISSISSIPPI FAMILY COLORADO FAMILY

### Q: WHAT IS YOUR FAVORITE SOCCER MEMORY?

A: WATCHING MY GRANDSON PARTICIPATE IN THE TOPS PROGRAM AND INTERACT WITH THE UCCS WOMEN'S PLAYERS AND THE PROGRAM DIRECTOR, WENDY PATTERSON. SEEING HIM SMILE WHEN HE FOUND A FRIEND TO PLAY WITH.



**TOPSOCCER**  
COLORADO SOCCER  
ASSOCIATION



Pride Soccer  
Exclusive Ticket Offer



17 & under get  
in free with  
ticketed adult



[Click here to  
buy ticket](#)

**INSERT PROMO  
CODE: PRIDE**  
at checkout

## **45th US SENIOR OPEN**

**JUNE 25-29TH | THE BROADMOOR**

The world is coming to Colorado Springs. The U.S. Senior Open golf championship returns to The Broadmoor this summer. This will be the ninth major championship hosted at the famous Colorado resort featuring the best senior players in the world and legends of the game.

Over 130,000 fans are expected to attend throughout the week and fans from 31 states have already purchased their tickets to experience a major championship at a five-star, five diamond resort.





**NEED SOME NEW  
RECOVERY AND  
STRENGTHING  
ACTIVITIES?**

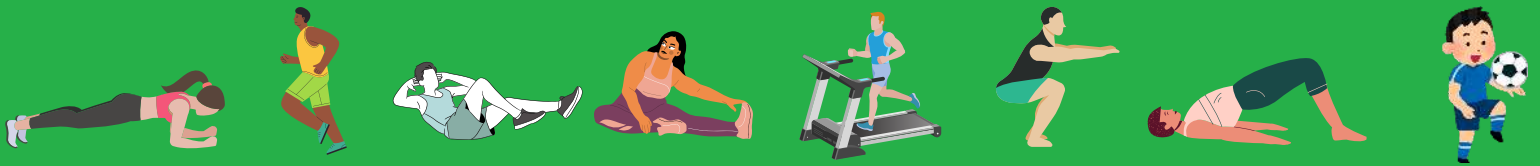
Join the Children's Hospital Colorado Athletic Trainer's in their New Youtube Series, "Exercise with an Athletic Trainer"

[Click here to get started](#)



# SPORTS MEDICINE CENTER

Children's Hospital Colorado



## Coalition of Athletic Communities for Mental Health

INTERESTED IN LEARNING MORE ABOUT  
MENTAL HEALTH IN ATHLETES?

Join Children's Hospital of Colorado as they support the **1st Annual Coalition of Athletic Communities for Mental Health** Event - Agenda on next pages



sponsored by



Helen and Arthur E. Johnson  
Depression Center

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

# AGENDA

DENVER, CO  
FEBRUARY 26-27, 2025

## "STRONGER AS ONE"

### OVERVIEW:

The first annual Coalition of Athletic Communities for Mental Health conference will bring together interested parties to discuss issues that are important to athletics and mental health, identify shared best practices, and develop partnerships to implement solutions. The 2-day conference will take place at the University of Colorado Anschutz Medical Campus (1890 N. Revere Ct, Aurora, CO 80045) in the Anschutz Health Sciences Building. Conference attendance is targeted at athletes, coaches, administrators and other athletic staff, parents and other caregivers, academics, health care providers, and others interested in the intersection of mental health and athletics. Conference topics will be for athletics at all levels from youth to elite levels, and presentations will be delivered by international experts, current and former athletes, foundation program leaders, and athletic program leaders.

Topics include injuries and mental health, identity and self-worth outside of sport, pressure and performance, debunking "mental toughness", peer and other supports, and traumatic brain injuries and mental health.

### CONFERENCE PRICING - SPACE AND TICKETS ARE LIMITED:

- 2-Day Registration: \$100
- 2-Day Registration Plus Evening Panel Event on February 26: \$125
- Evening Panel Event on February 26: \$50
- 1-Day Registration: \$50
- Hotel blocks are available
- [REGISTER HERE](#)



**No Cost for Student-Athletes to attend all conference events - use code Athlete25**

Please visit [REGISTER HERE](#) periodically for updates or to register. For questions, to get on our email list, or to set up a **virtual viewing** please email: [CoACMH@cuanschutz.edu](mailto:CoACMH@cuanschutz.edu)





# Day 1: February 26, 2025

*Schedule and Topics Subject to Change*

- 7:30 am: Registration Opens
- 8:30 am - 5:00 pm: Program Presentations and Panels
- **State of Mental Health in Athletics**
  - Dona Rodgers - Morgan's Message / [morgansmessage.org](http://morgansmessage.org) Kym Hilinski - Hilinski's Hope / [hilinskishope.org](http://hilinskishope.org) Gabrielle Fontana - Mia Fontana Foundation / [mianfontanafoundation.org](http://mianfontanafoundation.org) Arman Taghizadeh, MD - The Hidden Opponent / [thehiddenopponent.org](http://thehiddenopponent.org)
- **Program Dissemination Needs and Best Practices**
  - Suzanne Potts - The Hidden Opponent / [thehiddenopponent.org](http://thehiddenopponent.org)
  - Rich Bennett, Associate Athletic Director, Colorado College
  - Ross Barr, PsyD, LP, Director of Student-Athlete Mental Health and Wellness, CSU
  - Mena Mirhom, MD - Athletes for Hope / [athletesforhope.org](http://athletesforhope.org)
- **Aaron Bailey Suicide Prevention Keynote with Dr. Kimberly O'Brien**
  - Injuries, Identity, and Loss of Connection and Meaning as Suicide Risk
  - Dr. Kimberly O'Brien - Clinician, Researcher, Trainer, NCAA Ice Hockey Champion / [khmobrien.com](http://khmobrien.com)
- **Working from Within: Unique Approaches to Mental Health Support Within College Athletics**
  - Erin Rubenking, MA, LPC, LAC - Private Practice Cara
  - Cerullo, LCSW - Western Illinois University Jess Kirby, PhD - University of Colorado Colorado Springs Taylor Stuemky - University of Wyoming
- **Concussions and Mental Health in Youth**
  - Ann Latagne, PhD - Children's Hospital Colorado
- **Athletic Trainers as Mental Health Partners**
  - Dennis Coonan, MSE, LAT, ATC - Children's Hospital Colorado

*in partnership with*





## Evening: February 26, 2025

*Schedule and Topics Subject to Change*

### Evening Panel and Networking

- Join us for an evening panel
- Network with our Foundation partners and other attendees
- 6:00 pm: Doors open for networking
- 6:45 - 8:15 pm: Panel discussion
- 8:15 - 8:45 pm: Networking
- Panelists include:
  - **Jimmer Fredette** - 10th overall draft pick in 2011, 6-year NBA career, member of inaugural Olympic 3x3 Men's Basketball Team USA
  - **Dee Brown** - 19th overall pick in 1990, All-Rookie First Team, 1991 NBA Slam Dunk winner, 12-year NBA career, currently serves as Executive Senior Associate Athletic Director for Jacksonville University
  - **Civana Kuhlmann** - Played soccer for Stanford and Colorado, NCAA Division 1 Soccer National Champion, member of NWSL's Washington Spirit, member of U.S. under-17 and under-20 teams, Colorado native who played for Colorado Rush
  - **Julie Myers** - Field Hockey and Lacrosse All-American, ACC and National Lacrosse Coach of the Year with 27 consecutive NCAA Tournament bids, Diane Geppi-Aikens Memorial Award recipient
  - **George Karl** - Played at University of North Carolina under Dean Smith and 4 years in the ABA for San Antonio Spurs, Naismith Hall of Fame coach in the NBA for 30 years including Denver Nuggets, 6th winningest coach in NBA history
  - **Gary Barnett** - Head football coach for schools including Northwestern and Colorado, 2x Big Ten and Big12 Coach of the Year, Buffs4Life Board of Directors

*in partnership with*





## Day 2: February 27, 2025

*Schedule and Topics Subject to Change*

- 7:30 am: Registration Opens
- 8:30 am - 2:00 pm: Program Presentations and Panels
- **Eating Disorders and Athletics: Signs and Symptoms in Sport, and How to Help**
  - Emily Hemendinger, LCSW, MPH, CPH, ACS - Department of Psychiatry, University of Colorado School of Medicine
- **Understanding Today's Sports Environment: How to Support Athletes**
  - Kathryn Ames, MA, NCC, LPC - Thru the Game, LLC / thruthegame.com
- **Multi-Disciplinary Approach to Athlete Well-Being**
  - Mark Allen, MD - American Board of Sports and Performance Psychiatry
- **Driving Policy Development at the Local, State, and National Levels**
  - Gina and Steve Meyer - Katie's Save / katiessave.org
  - Skye Arthur-Banning, PhD and Margaret Domka - U.S. Center Mental Health and Sport
- **Supporting the Mental Health of Athletes: Perspectives from an Athletic Conference**
  - Rocky Mountain Athletic Conference
- **Understanding the Lifecycle of a Foundation**
  
- **2:30 - 4:30 pm: Optional training courses TBD**

*in partnership with*





# Calling All Snowman Builders!

Some kids need to stay in the hospital to get better. But that does not stop their imaginations from wandering far beyond our walls. Take these snow creations, for example, imagined by our patients and brought to life by families near and far through the Snow Buddies Program.

This snow season, you're invited to help bring our patients' creations to life! All you have to do is sign up, then wait for your snow-person specs and a fresh snowfall. We hear it's as much fun for the volunteers as it is for our patients.

Check out a few favorite creations below, then scan QR code to sign up!



Ends: March 31<sup>st</sup>, 2024

Questions contact: [ryan.nke@childrenscolorado.org](mailto:ryan.nke@childrenscolorado.org)





# KING SOOPERS COMMUNITY REWARDS

EVERYONE NEEDS GROCERIES



WHY NOT LET A PERCENTAGE OF THE MONEY YOU ARE ALREADY SPENDING ON GROCERIES GO TOWARDS SUPPORTING PRIDE SOCCER'S PROGRAMS AND HELPING OFFSET YOUR FEES?

KING SOOPERS HAS UPDATED THEIR COMMUNITY REWARDS PROGRAM TO MAKE IT EVEN EASIER FOR YOU TO SUPPORT YOUR CLUB AND **EARN MONEY TOWARDS REGISTRATION AND TEAM FEES**. ALL YOU NEED TO DO IS REGISTER YOUR KING SOOPERS LOYALTY CARD USING THE INSTRUCTIONS ON OUR WEBSITE, AND EVERY TIME YOU SWIPE YOUR KING SOOPERS LOYALTY CARD OR PUT IN YOUR ALTERNATE ID (PHONE NUMBER) WHEN YOU CHECK OUT, **YOU WILL RAISE MONEY TOWARDS YOUR PLAYER'S FEES AND PRIDE'S SCHOLARSHIP FUND**.

CLICK ABOVE TO GET STARTED!